805 Lacrosse Rec League Schedule - Spring 2024 Season (as of 4/15/24 - subject to change)

| DATE | FIELD | BITTY | GIRLS | 10U | 12U-A.G. | 12U - SLO | 12U - NORTH COUNTY | 14U-A.G. | 14U - SLO | 14U - NORTH COUNTY | BOYS HS TEAM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MARCH 16 | Damon-Garcia (Lower Field) | 8:45-9:30 | 9:30-10:30 | 10:00-11:00 | PLAYERS FRON INTO TWO EQ | $\begin{aligned} & \text { 11:15-12:30 } \\ & \text { LL } 3 \text { LOCATIONS U } \\ & \text { L TEAMS - ALL } 124 \\ & \text { ROM 11:15-12:30 } \end{aligned}$ | ILL BE DIVIDED PLAYERS PLAY | $\begin{array}{r} \text { 7v7 ROUND } \\ 12: 45-1: 15 \\ \\ 2: 00-2: 30 \\ \hline \end{array}$ | $\begin{gathered} \hline \text { BIN FORMAT। } \\ 12: 45-1: 15 \\ 1: 25-1: 55 \end{gathered}$ | Half-Games) $\begin{aligned} & 1: 25-1: 55 \\ & 2: 00-2: 30 \end{aligned}$ | $\begin{gathered} \text { Intra-squad } \\ \text { Scrimmage @ } 3 \\ \text { p.m. } \end{gathered}$ |
| MARCH 23 | N/A | AINED OUT - GAMES POSTPONED |  |  |  |  |  |  |  |  |  |
| MARCH 30 | N/A | NO GAMES SCHEDULED |  |  |  |  |  |  |  |  |  |
| APRIL 6 | Damon-Garcia (Lower Field) | 8:45-9:30 | 9:30-10:30 | vs Hotshots 12:30-1:30 | $\begin{aligned} & \hline \text { 10:00-11:00 } \\ & \text { vs No. County } \end{aligned}$ | $\begin{gathered} 11: 20-12: 20 \\ \text { vs } 12 \mathrm{H} \text { Hotshots } \end{gathered}$ | $\begin{gathered} \text { 10:00-11:00 } \\ \text { vs A.G. } \end{gathered}$ | $\begin{aligned} & \text { 7v7 ROUND } \\ & \text { 2:25-2:55 } \\ & \text { 3:00-3:30 } \\ & \hline \end{aligned}$ | $\begin{gathered} \hline \text { BIN FORMAT } \\ 1: 45-2: 15 \\ \\ 3: 00-3: 30 \\ \hline \end{gathered}$ | $\begin{aligned} & \hline \text { Half-Games) } \\ & \text { 1:45-2:15 } \\ & 2: 25-2: 55 \end{aligned}$ | Off (Game on <br> Sunday at CP) |
| APRIL 13 | N/A | RAINED OUT - GAMES POSTPONED |  |  |  |  |  |  |  |  |  |
| APRIL 20 | Laguna Middle <br> School (Track Field) | 8:45-9:30 | 9:30-10:30 | 10:00-11:00 | $\begin{gathered} \text { 11:00-12:00 } \\ \text { vs SLO } \end{gathered}$ | $\begin{gathered} \text { 11:00-12:00 } \\ \text { vs A.G. } \end{gathered}$ | $\begin{gathered} \text { 12:15-1:15 } \\ \text { vs } 12 \mathrm{U} \text { Hotshots } \end{gathered}$ |  | 1:30-3:00 <br> INGLE GAME <br> O, NORTH COU |  | vs Alumni @ 3p.m. |
| APRIL 27 | Damon-Garcia (Lower Field) | 8:45-9:30 | 9:30-10:30 | 10:00-11:00 | A.G. VS NOR ALL 12u PLAY | $11: 15-12: 30$ <br> TH COUNTY, SLO <br> S WILL PLAY FROM | EAM SPLIT 11:15-12:30 | $\begin{array}{r} 10 v 1 \\ \text { A.G. VS NO } \end{array}$ | $12: 45-2: 15$ <br> INGLE GAME FOR <br> H COUNTY, SL | MAT <br> TEAM SPLIT | vs Elk Grove JV @ 2:45 <br> Varsity @ 4:15 |
| TEAM PHOTO DAY RESCHEDULED TO APRIL 27TH (ALL LEVELS BUT BITTY) - EXACT TIMES TBA |  |  |  |  |  |  |  |  |  |  |  |
| MAY 4 | Damon-Garcia (Lower Field) | 8:45-9:30 | 9:30-10:30 | 10:00-11:00 | A.G. VS <br> ALL 12u PLAY | 11:15-12:30 <br> LO, NORTH COUN <br> S WILL PLAY FRON | $\begin{aligned} & \text { Y SPLIT } \\ & \text { 11:15-12:30 } \end{aligned}$ | $\begin{array}{r} 10 \mathrm{~V} 1 \\ \text { SLO VS NO } \end{array}$ | $12: 45-2: 15$ <br> INGLE GAME H COUNTY, A.G | MAT <br> TEAM SPLIT | vs. Bakersfield Mustangs @ 2:45 |
| May 8 Wednesday | Laguna Middle School | 5:15-6:00 |  |  |  |  |  |  |  |  |  |
| MAY 11 | Laguna Middle <br> School (Track Field) | $\begin{aligned} & \text { Bitty Lax } \\ & \text { Season Ends } \\ & \text { on May } 8 \end{aligned}$ | 9:30-10:30 | 10:00-11:00 | SLO VS NORT ALL 12u PLAY | 11:15-12:30 <br> TH COUNTY, A.G. <br> S WILL PLAY FRON | EAM SPLIT 11:15-12:30 |  | 12:45-2:15 INGLE GAME O, NORTH COU |  | Off |
| DATE TBD | TBD | Make up dates for March 23 and April 13 rainouts To Be Determined . <br> We are trying to arrange midweek games on May $2,7,9,14$, or 16 to make up for our rainouts from earlier in the season. DETAILS COMING SOON. |  |  |  |  |  |  |  |  |  |


| Level | HOW WILL THE GAMES BE PLAYED? |
| :---: | :---: |
| Bitty Lacrosse | No official lacrosse games. Skills based instruction. Co-ed, non-contact. Lots of games and fun activities incorporated into teaching players basic lacrosse fundamentals. |
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| Girls Team | Each Saturday we will host an intra-squad scrimmage game, balancing out the different aged players as much as possible (or running the different age groups at different times in the game). Coaches will participate when needed, especially playing the goalie position, in order to balance out the numbers and provide the girls with the best possible playing opportunity. Currently, we do not have any games scheduled with other leagues. We are exploring the possibility of playing outside teams or leagues (Bakersfield and/or Santa Barbara), especially for the older girls. More information to follow. |
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| Boys 10U | BOYS 10U AGE RANGE: Born 9/1/2013-8/31/2016 (10U-8U) <br> STANDARD GAME FORMAT: We have 16 players competing at the 10 U level this season, and those players are scattered across all three practice locations (A.G., SLO, North County). For Saturday games, we will divide up the players evenly and play 7 v 7 or 6 v 6 depending on how many players are present that day. For most games, we will have either coaches or 12 U aged players play goalie so that the actual 10 U players get to play in the field all game. <br> GAMES VS THE HOTSHOTS: We have two Saturdays scheduled against the Santa Barbara/Santa Ynez Hotshots (April 6 and April 20). For those two games, we will combine all of our 10U players on to one squad and take on the Hotshots. We will need 10 players to play goalie in those two games. We usually look for volunteers to play one-half in each of those two games. We have all of the necessary goalie equipment for them to use. <br> POTENTIAL OF 10 P PLAYERS TO "PLAY UP" WITH 12U: First and foremost, we need all 10 U players to play in the 10 U game to ensure that those games are as high quality as possible. If an older 10 U player wants to play an additional game that day at the 12 U level, that may be possible but it could vary from week to week. <br> LIST OF 10 U PLAYERS: Baptista, Branoff, Broussard, Dunn, Gentry, Greer G., Guillen Clark, Heinzen A., Leavens, Mello B., Ortiz J., Ortiz S., Perhach Sass C., Stromberg, Welch |
| Boys 12U | BOYS 12U AGE RANGE: Born 9/1/2011-8/31/2013 (12U and 11U); typically 5th and 6th graders <br> GAME FORMAT: Most Saturdays, we will have one $8 v 8$ game assembling two teams from our three different practice locations, except on April 6 and April 20. On those two Saturdays, the Santa Ynez Hot Shots are traveling up and will be the 4th team, so each practice location will play one game with just their own group. The A.G. team may need to borrow a few players from SLO or North County on those two days, and the schedule is set up to make that possible. <br> On the other six Saturdays, we will have one 8 v 8 game. The players from the 3 different practice locations will be divided up into two groups. The first two weekends, we will divide things up evenly, balancing the more experienced players and the newer players. In subsequent weeks, we will keep two of the teams together and split the third team (e.g. A.G Team vs SLO Team, and the North County team will be divided in half with some players joining the A.G. squad and some players joining the SLO squad for the day). That will rotate weekly, so each team will get to stay together some days and be divided on others. See the weekly game schedule for more information. |


| Level | HOW WILL THE GAMES BE PLAYED? |
| :---: | :---: |
|  | Players will take turns playing the goalie position. We have all of the goalie equipment available for players to use. If someone is particularly interested in playing goalie, than he may be asked to play that position more often than others, but we discourage overspecialization at this age level and want everyone to get at least some experience playing multiple different positions. <br> 12U PLAYERS PLAYING GOALIE AT THE 10U LEVEL: We don't have a lot of 10 U players and most have minimal experience, so we try to avoid having them play goalie and let them play in the field. We could use 12 U volunteers to play goalie in the 10 U games. Older brothers are great candidates for this role since they are generally hanging out at the field anyway. |
| Boys 12U (continued) | LIST OF 12U PLAYERS <br> A.G. 12U: Ballard, DeBilzan, Feliz, Greer J., Lewis, Sorensen <br> SLO 12U: Avery, Faulkner, Gaedeke, Mello W., Mulkerin M., Pierce, Ross, Salter, Senteio, Siems, Watts, Wyly <br> North County 12U: Billes, Fabre, Guillen Caleb, Heinzen N., Jensen, McGhee, Odem J., Odem N., Rossan, Thomas, Wellington <br> POTENTIAL OF 12U PLAYERS TO "PLAY UP" WITH 14U: This is unlikely this year. We have a large, talented contingent of 14U players this season and we would prefer that our 12 U players focus on playing at their designated age level. The level of physical contact allowed, by rule, increases considerably from the 12 U to 14 U level, so it's a significant difference playing in those 14 U games. We can always revisit this for certain players if they are obviously excelling at the 12 U level and can handle the physicality of the 14 U games. Contact Coach Lea if you have additional quesitons. |
| Boys 14U | BOYS 14 U AGE RANGE: Born 9/1/2009-8/31/2011 (14U and 13U); typically 7th and 8th graders <br> STANDARD GAME FORMAT: We have nearly 40 players at the 14 U level this season, fairly evenly distributed between AG, SLO, and North County. Much like youth soccer, lacrosse has adopted smaller fields with fewer players at the younger age levels in order to ensure players get plenty of action and game involvement. For lacrosse, the 14 U age bracket is when games are typically shifted to 10 v 10 on a full-sized field ( 110 yards long by 60 yards wide), which is the standard game played at both the high school and collegiate levels. Since most of our 14 U players have been playing 7 v 7 or 8 v 8 on a small field their entire careers, we are going to start the season that way and then transition into full-field 10v10 lacrosse a few weeks into the season. This will give the newer players a chance to work on the basics and get plenty of action during the first few weeks of the season, but it will then prepare all of the players for our All-Star games and/or for moving on to our high school teams by playing standard 10 v 10 lacrosse for the last five weeks of the season. <br> ROUND ROBIN 7v7 (Week 1, 2, 3): The first 3 Saturdays of the season, our three 14 U teams will play 7 V 7 games in a round robin session against the two other teams, playing one half-game vs each of the other two 805 teams. Sometimes those halves will be back to back, and other times there will be about a 30 minute break between your team's two halves. The times are detailed on the schedule page. <br> FULL FIELD 10v10 (Week 4-8): We have enough players for one regulation full-field game. For each of these five game days, we will keep two of the teams together and split the third team (e.g. A.G. Team vs SLO Team, and the North County team will be divided in half with some players joining the A.G. squad and some players joining the SLO squad for the day). That will rotate weekly, so each team will get to stay together some days and be divided on others. See the schedule for more information. <br> LIST OF 14U PLAYERS <br> A.G. 14U: Bianchi, Bormacoff, Hawke, Haynes, Kranz, Nichols, Ryan, Whittaker, Wighton, Wooten, Yant <br> SLO 14U: Crooks, Green, Lee, Leeder C., Mulkerin J., Parsons C., Parsons D., Salgado, Salin, Scudder, Shaw, Sioredas, St. Cyr <br> North County 14U: Bradshaw, Cargill, Cazier, Heinzen B., Kasarjian, Miller, Montoya, Oakes, Ortiz B., Pesquera, Sass, Shannon, Vonderheide, Walker |

